



**AUDAX  
UK**  
long distance cycling

## GUIDANCE FOR THE RESUMPTION OF PERMANENT EVENTS IN SCOTLAND

The First Minister of Scotland announced on the 9th of July 2020 that Scotland is moving to Phase 3 of the Scottish Government Route Map. With the removal of travel restrictions and with further restrictions being lifted, this means that we can take the first steps towards the resumption of our sport

Pending the resolution of AUK's application for National Governing Body (**NGB**) status, the only NGB in the United Kingdom with responsibility for cycling is British Cycling. AUK has contacted sportscotland and will proceed initially in Scotland on the same risk assessment and guidance basis as outlined in Scottish Cycling's "The Way Forward" with appropriate adaptations for our sport.

[www.britishcycling.org.uk/scotland/article/20200313-Scottish-Cycling-Coronavirus-COVID19-Guidance-0](http://www.britishcycling.org.uk/scotland/article/20200313-Scottish-Cycling-Coronavirus-COVID19-Guidance-0)

The resumption of permanent events to a maximum nominal distance of 200km on the 1<sup>st</sup> of August is an intermediate step towards resuming events of a longer duration. It is therefore vital that organisers and participants familiarise themselves with and follow this guidance.

Any failure to respect this guidance could invalidate the insurance for the event, jeopardise AUK's ability to obtain future insurance or potentially cause damage to the image of our sport.

### **Risk assessment**

Organisers should continue to undertake the usual careful and comprehensive risk assessment for every event and activity. Risk assessments must now include measures to manage social distancing and for effective infection control.

### **Hygiene**

Organisers should have regard to the provision of hand washing and toilet facilities on their routes and, where practicable, should make this information available to entrants.

Entrants should bring sufficient materials to maintain their own hygiene.

It should not be necessary to share equipment during an event so the risk of COVID-19 transmission through fomites is accordingly very low. Where equipment is shared, care should be taken to clean such equipment with a disinfectant spray or wipe prior to it being returned to the owner.

## **Social distancing**

The risk of droplet transmission during an event is low; face to face contact is unlikely and it should normally be possible to maintain 2 metre distancing.

Event organisers and riders should not arrange events or form groups that exceed the current permitted maximum of 5 different households.

The use of shops, cafes or other facilities during an event should be kept to a minimum and riders should comply with the applicable guidelines, including with regard to handwashing and the wearing of appropriate face coverings.

## **Behaviour Code**

Each participant must follow AUK's COVID-19 Behaviour Code at all times.

## **Refunds**

Organisers should offer a refund of entry fee paid to anyone who needs to withdraw their entry because they or a member of their household has COVID-19 symptoms, or because they have been asked to isolate by NHS Scotland's Test and Protect.

## **Brevet Cards**

Organisers will need to store for an appropriate interval and/or clean completed and submitted brevet cards to ensure they are safe to verify.

31 July 2020