

Regulations for AUK Events classified as Trails (to be read in conjunction with Regulations for all events)

1	Easter Trail or Trace Nationale is a calendar event ridden in teams
1.1	Teams consist of between 2 and 6 members (tandems count as one member thus 5 tandems allows 10 riders).
1.2	The end location and the range of acceptable start & finish times are defined by the organiser such that earliest start time and latest finish time are 29 hours apart
1.3	Teams agree in advance with the organiser their own start location, time and control details. Routes can be circular and in any direction but must finish at the nominated end location. The start time must be adhered to.
1.4	The route must have a minimum of three controls (not including the start and finish controls) spaced at least 50 km apart.
1.5	A mandatory stop of 8 hours during the hours of darkness is required.
1.6	Different teams may not ride together. If several teams use the same starting point and route the start times for the individual teams shall be spaced at least one hour apart.
1.7	The team must ride together, and at least 2 team members must arrive at the finish for the ride to be validated. Only team members who ride the whole distance will be validated
1.8	Each team member shall obtain proof of passage at the starting point, at each designated control, and at both your time of arrival at and departure from the overnight stop. Proof of passage may be in the form of a stamp, ATM or till receipt.
1.9	If proof of passage is not available a photo of the whole team clearly identifying the place (e.g. in front of a road sign) may be substituted.
1.10	Distances will be credited from the shortest distance between control points, but must be within 20% of the distance agreed with the organiser.
1.11	No AUK distance points or AAA points are awarded for these rides.
1.12	The Easter Trail to York is additionally validated by ACP